JAGAT TARAN GOLDEN JUBILEE SCHOOL, PRAYAGRAJ
Syllabus Month wise (Session-2026-27)
Class -VII

Subject- English

MONTH	CHAPTERS	ACTIVITY/ BAGLESS ACTIVITY	CHAPTER TEST	WORKSHEET
APRIL	**L.Reader** 1.The Flying Carpet 2. Beautifully Different… 3. Anna and Max **Grammar** 1. The Sentence	1. Paper carpet making 2. Collage Making 3. Picture & Paragraph on Racism **B.ACT**- Picture Composition	1 (Ch. 1, 2 & 3 from Literature)	1. The Sentence
MAY	**Grammar** 1. Nouns 2. Adjectives 3. Synonyms (10) and Antonyms (10) **Writing** Paragraph writing	**B.ACT**- Debate/ Group Discussing		2. Nouns Adjectives 3. Synonyms and Antonyms Paragraph writing
JULY	**L. Reader** 1. Singing by the River 2. The Solitary Reaper 3. Notes of the Nadaswaram **Grammar** 1. Articles 2. Pronouns 3. Verbs: Expressing the Present	1. Springboard Activity 2. Visualization + text-to-cut 3. Chart Making: Indian Wind Instrument	2 (Ch. 1, 2 & 3)	4. Articles Pronouns 5. Verbs
AUG	**L. Reader** 1. Missed 2. The Unusual Spectator 3. The Bridge Builder **Grammar** 1. Verbs: Expressing the Past 2. Verbs: Expressing the Future 1. Synonyms (next 10) & Antonyms (next (10) **Writing** Letter	1. Poster on "Mistakes help us Grow" 2. Cartoon Strip: The Match Interrupted 3. Art: Symbolic Bridges	3 (CH. 1, 2 & 3)	6. Verbs: Expressing the Past Verbs: Expressing the Present 7. letter writing
SEPT	**L. Reader** 1. The Village School 2. A Farmer's Greatest Treasure **Grammar** 1. Verbs: Modals 3. Verbs: Non- Finite Forms	1. Poster: Education for All" 2. Debate: Which is Gold or Grain"	4 (Ch. 1 & 2)	1. Verbs: Modals & Non-Finite Forms
OCT	**1. Reader** 1. Two Pictures 2. A Journey Across India (Play)	➓ Art: "Draw Pictures to visualize Future"	5 (Ch. 1, 2 & 3)	2. Adverbs 3. Prepositions

	3. Walking on a Frozen River **Grammar** 2. Adverbs 3. Prepositions 4. Synonyms (next 10) & Antonyms (next (10) **Writing** Notice	❿ Map Marking: Our Route" ❿ Sensory Writing: Five Senses on Ice"		
NOV	**L.Reader** 1. Firestones 2.Courage!Courage!Courage **Grammar** Conjunctions **Writing** Story	1. Timeline: From No Fire To Firestones 2. Example Hunt: "Courage Around Us"	6 (Ch. 1 & 2)	4. Conjunctions
DEC	**L.Reader** 1. The Hummingbird that …. 2. Missed 3. A Farmer's Greatest Treasure **Grammar** 1. Phrases 2. Clauses 3. Synonym (50) & Antonym (50) **Writing** Diary entry	1. Fact Card: Meet the Hummingbird	7 (Ch.1, 2 & 3)	5. Phrases Clauses
JAN	Revision	-	-	-
FEB	Revision	-	-	-

Subject- Mathematics

MONTHS	CHAPTER NAME	Topics Covered	ACTIVITIES	Class Tests
April	CH 1 – Large Numbers	Indian and International system of numeration, Place value and face value, Estimation and rounding off, Multiplication patterns and shortcuts. **Worksheet 1 (Pg – 25)**	Activity 1. To express a given number in the form of a mathematical statement involving different operations in a way that the calculation can be done mentally using different laws on whole numbers. (Page 35)	**CH 1 & 2**
	CH 2 – Arithmetic Expressions	Meaning, comparing, reading and grouping of arithmetic expressions, BODMAS. **Worksheet 2 (Pg – 39)**		
May	CH 3 - Fractions	Multiplications & Division of Fractions. **Worksheet 3 (Pg – 59)**		
June	**SUMMER VACATIONS**			

July	CH 4 - Decimals	Reading, writing and expansion of decimals, representation on number line, conversion and comparison, addition, subtraction and estimation, decimal and measurement disasters. **Worksheet 4 (Pg – 78)**	Activity 2. To divide a fraction by another fraction using paper models.	**CH 3 & 4**
	CH 5 - Playing with numbers	Parity in expressions, Magic square and magic square in history and culture, Fibonacci numbers. **Worksheet 5 (Pg – 94)**	Activity 3. To explore the properties of a 3 X 3 magic square (using numbers 1-9) under arithmetic operations, rotation and reflection.	**CH 5 & 6**
	CH 6 - Algebraic Expressions	Terms related to Algebra (Constant, Variable, Algebraic Expression, Like terms, Unlike terms, factors), Degree, Types, Addition.		
August	CH 6 - Algebraic Expressions	Subtraction & Multiplication of Arithmetic expressions. **Worksheet 6 (Pg – 115)**		
	CH 7 – Parallel & Intersecting Lines	Adjacent angles, Linear pair, Vertically opposite angles, Complementary angles, Supplementary angles, Adjacent angles, Parallel Lines and angles formed by it. **Worksheet 7 (Pg – 135)**	Activity 4. To show that if two parallel lines are cut by a transversal, the co-interior angles (i.e., interior angles formed on the same side of the transversal) are supplementary	**CH 7 & 8**
September	CH 8 – Properties and Constructions of Triangles	Types of angles by sides and angles, Median and Altitude of triangle, of triangle, Construction of Triangle (SSS, SAS, ASA Criterions), Triangle Inequality, (Angle sum property) Interior & Exterior Angle Property. **Worksheet 8 (Pg – 154)**		

Subject- Hindi

अप्रैल

वाटिका- पाठ 1- मातृभूमि (कविता) पाठ 2- डाक बाबू का प्यार (कहानी)
व्याकरण- • वर्ण विच्छेद/संयोजन • द्वित्व व्यंजन • संयुक्त व्यंजन • पर्यायवाची शब्द • संज्ञा- परिभाषा, भेद व उदाहरण
लेखन- अनुच्छेद
गतिविधि- ध्रुव तारे की कथा को चित्र सहित प्रस्तुत करें।
मासिक परीक्षण- • प्रश्न उत्तर • शब्दार्थ • रिक्त स्थान • पर्यायवाची

मई

वाटिका- पाठ 3- मुकदमा-हवा पानी का (नाटक)
व्याकरण- • विलोम • वाक्यांश के लिए एक शब्द • वचन- पहचान व परिवर्तन • सर्वनाम- परिभाषा, भेद, उदाहरण व पहचान
लेखन- • अपठित गद्यांश • अपठित पद्यांश
गतिविधि- 'जल प्रदूषण' और 'वायु प्रदूषण' को स्पष्ट करते हुए सम्बंधित चित्र बनाइए।
मासिक परीक्षण- • शब्दार्थ • उचित उत्तर चुनें • विलोम • सर्वनाम पहचानें

जुलाई

वाटिका- पाठ 4- नीति सप्तक (दोहा संकलन) पाठ 5- कितनी ज़मीन (कहानी)
व्याकरण- • उपसर्ग-प्रत्यय • विशेषण- परिभाषा व भेद • पर्यायवाची शब्द
लेखन- पत्र: औपचारिक/अनौपचारिक
गतिविधि- 'लालच बुरी बला' विषय पर एक रोचक कथा लिखें।
मासिक परीक्षण- • प्रश्न उत्तर • शब्दार्थ • उपसर्ग-प्रत्यय

अगस्त

वाटिका- पाठ 7- सपने (कविता) पाठ 8- हार की जीत (कहानी)
व्याकरण- • तत्सम • तद्भव • देशज • विदेशज शब्द • वाक्य भेद • कारक- परिभाषा व भेद
लेखन- • संवाद लेखन • पठित गद्यांश एवं पद्यांश • लघुकथा
गतिविधि- 'मेरे सपनों का भारत' विषय पर कक्षा में अपने विचार प्रस्तुत करें।
मासिक परीक्षण- • प्रश्न उत्तर • तत्सम, तद्भव, देशज, विदेशज शब्द लिखें • कारक के भेद • वाक्य के

सितम्बर

वाटिका- पाठ 10- सेल्फी की सनक (लेख) पाठ 12- कर्मवीर (कविता)
व्याकरण- • सरल व संयुक्त वाक्य • मुहावरे • लोकोक्तियाँ • वाक्यांश के लिए एक शब्द
लेखन- • अनुच्छेद • अपठित गद्यांश एवं पद्यांश • लघुकथा
गतिविधि- • अपने परिवार के साथ की एक सेल्फी को आकर्षक ढंग से प्रस्तुत करें।

मासिक परीक्षण- • अपठित गद्यांश एवं पद्यांश • मुहावरों के अर्थ लिखें।

अक्टूबर

वाटिका- पाठ 13- गिल्लू (रेखाचित्र)
व्याकरण- • समुच्चयबोधक शब्द • समास व भेद
लेखन- • अनुच्छेद • लघुकथा वाचन/लेखन
गतिविधि- अरुणाचल प्रदेश के प्राकृतिक सौंदर्य का वर्णन करते हुए एक कविता लिखें व संबंधित चित्र द्वारा दर्शाएँ।
अर्द्धवार्षिक परीक्षा।

नवम्बर

वाटिका- पाठ 15- सैनिक का बेटा (शौर्य गाथा)
व्याकरण- • विराम चिन्ह • काल- पहचान व परिवर्तन • क्रिया व भेद
लेखन- पत्र- औपचारिक • लघुकथा
गतिविधि- परमवीर चक्र प्राप्त व्यक्तियों की एक सूची बनाइये।
मासिक परीक्षण- • प्रश्न उत्तर • शब्दार्थ • उचित उत्तर चुनें

दिसम्बर

वाटिका- पाठ 16- कदम मिलाकर चल (कविता)
व्याकरण- निपात- पहचान व वाक्य प्रयोग
लेखन- पत्र- अनौपचारिक पत्र
गतिविधि- साहस और पराक्रम पर आधारित एक रोचक लघुकथा लिखें।
मासिक परीक्षण- • प्रश्न उत्तर • सही विकल्प चुनें

जनवरी-फरवरी

परीक्षा अनुसार समस्त पाठों का पुनरावलोकन, पठन एवं व्याकरण संबंधी पुनर्भ्यास कार्य।

Subject- Science

MONTH	CHAPTER NAME	CHAPTER DETAILS	WORKSHEET & CLASS TEST	ACTIVITIES
April	CH.1. The Ever-Changing World of Science. CH.2. Exploring Substances: Acidic, Basic and Neutral.	CH.1 - This chapter explains that science is not just a collection of facts but a way of thinking based on curiosity, observation, and experiments. It shows how science helps us understand everything around us—from tiny living cells to big things like stars and planets. CH.2 – Concept of acids, bases with their properties, uses. Indicators indicating nature of	Worksheet 1 – CH- 2. Class Test on – CH - 2. ***Note**: A worksheet will include: Knowledge based questions,*	Activity 1. To test whether some given substances are acidic, basic or neutral using any indicator.

		substances. Neutralisation reaction & its applications.	*understanding based, Application based, Diagram based questions with high order thinking questions.*	
May	CH.7. Heat Transfer in Nature.	CH- 7. Concept of heat and its transfer through various processes: Conduction, Convection, Radiation. Examples of Good & Bad conductors. Process of Water cycle.	Worksheet 2 – CH- 7. Class Test on – CH - 7.	Activity 2. To study the conduction of heat through different solid substances (wooden strip, a plastic ruler, a stell spoon). Bagless activity : Science Model
July	CH.3. Electricity: Circuits and their Components. CH.6. Adolescence: A Stage of Growth and Change.	CH.3.Understanding of Electric circuits & its components: cell, battery, switch, wires, etc. Uses of electricity: Lightning & Appliances. CH.6.Understanding of reproductive phases: puberty, menstruation, hormonal changes, etc. Secondary sexual characteristics in Boys & Girls both.	Worksheet 3 – CH- 3 & 6. Class Tests on – CH – 3 & 6.	Activity 3. To draw circuit diagrams using symbols of electrical components.
August	CH.8. Measurement of Time and Motion. CH.9. Life Processes in Animals (Nutrition and Respiration).	Motion, its types, speed & its formula with type of device used. Time & its ancient way of measurement. Simple pendulum. Understanding of Nutrition in animals: Human digestive system working with all stages, digestion in ruminants. Respiration process in Humans & animals.	Worksheet 4 – CH- 8 & 9. Class Tests on – CH – 8 & 9.	Activity 4. To construct a simple water clock.
September	CH.4. The World of Metals and Nonmetals. CH.11. Light: Shadows and Reflections.	CH.4. Properties of metals & nonmetals with their uses and applications. CH.11. Light energy, its sources. Plane mirror & its features. Types of objects (Transparent, Translucent & opaque). Few instruments using reflection of light.	Worksheet 5 – CH- 4 & 11. Class Tests on – CH – 4 & 11.	Activity 5. To study different types of objects based on passage of light through them and classify them as Transparent/ Translucent/ Opaque.
October	CH.5. Changes Around us: Physical and Chemical.	CH.5. Concept of Physical & Chemical changes: their different features, examples. Rusting of iron & its prevention. Process of Crystallisation.	Worksheet 6 – CH- 5 Class Test on – CH – 5	Activity 6. To find out from given 5 cases whether it's a physical or chemical change

				based on their properties.
November	CH.10. Life Processes in Plants (Growth, Nutrition, Transport and Respiration). CH.12. Earth, Moon and the Sun. (50% portion).	CH.10. Understanding the concept of nutrition in plants: modes, process of photosynthesis. Respiration & Transportation process in plants. CH.12. Understanding the Movement of the Earth: Rotation & revolution.	Worksheet 7 – CH- 10 Class Test on – CH – 10	Activity 7. To study the various features of leaves that help in photosynthesis. Bagless activity: Chemistry in Kitchen
December	CH.12. Earth, Moon and the Sun. (Rest 50% portion).	CH.12. Understanding the concept of Eclipse: solar and lunar eclipse.	Worksheet 8 – CH- 12. Class Tests on – CH - 12.	Activity 8. To prepare a science model on solar or lunar eclipse (To be done in groups).

Subject- Social Science

Month	Subject	**Activity/Project** **Bagless Activity**	**Worksheet**	**Class Test**
April	**History:** **Ch-4** **New Beginnings-Cities and States** **Geography:** **Ch 1-Geographical Diversity of India** **Civics:** **Ch-9 From the Rulers to the ruled: Types of Governments**	On an outline map of India, locate Indian desert, Aravalli range, the northern range, Great Himalaya ,lakshdweep , Andaman and Nicobar Island. Collect some commons coins. Observe the text, symbols, and images on them carefully.	Ch-4 worksheet 7 On an outline map of India, mark and label all Sixteen mahajanapads. Ch-1 worksheet On an outline physical map of India, carefully Mark and label, the following physical Features.	Lesson 1 Geography Lesson 4 History

May	**History:** **Ch-5 The Rise of Empires** **Civics:** **Ch-2** **Understanding the weather**	Map Activity Map of Ashoka's edict (pg no. 1-71) Compare and Contrast between Public Health Services and Private Health Services in your City.	Ch-5 Worksheet 9 Mark the key Trade routes: Uttrapatha and dakshinapatha on the given map.	Lesson 5 History
July	**History:** **Ch-6- The Age of Reorganisation** **Civics:** **Ch-10-The Constitution of India-An Introuduction** **Geography:** **Ch-3 Climates of India**	Make a list of literary and archeological sources which you think Help us give information about a dynasty or a kingdom. 2. Find out local heroes From your town or region played a part in writing the Indian Constitution or shaping Indias democracy. 3. Imagine you are visiting a city near mountains. How would you plan it to make the Best use of the climate?	Ch-6 worksheet 11 Find the following words in the given word grid. Ch-10 Worksheet 19 Draw a ladder with 4 steps Ch-3 Worksheet 5 and 6.	Lesson-10 civics Lesson 3 Geography
August	**History:** **Ch- 8 How the Land Becomes Sacred** **Civics/ Eco -** **Ch-11** **From Barter to Money** **Ch-12-Understanding Markets**	What are the names of the places in the Char Dham yatra? Find out their names, gods they are dedicated to and their location. Pick any five products and compare their price in a local store vs an online platform.	Lesson-8 Worksheet 15 On a blank map of India, mark and label the following sacred sites. Worksheet 16 Lesson-8 Lesson-11 Worksheet 21 Design your dream coin or design a new Indian coin. Worksheet 22	Lesson-8 history Lesson 11 Civics

			Make a sale poster.	
September	**History:** **Ch-7 The Gupta Era: An Age of Tireless Creativity** **Geography:** **Ch- 1 The Story of Indian Farming** **Civics-** **Ch 6-The State, the Government, and You.**	Design a coin or an inscription for a ruler. Draw a picture or symbol on it and write one short line praising the ruler. On an outline map of India , identify and colour the seven climatic zones. Prepare a short speech: Why the judiciary is called a watchdog. Create a collage about the Gupta period that highlights The Golden Age of India.	Lesson-7 Worksheet 13 and worksheet 14	Lesson-7 History
October	**History** **ch-4** **Turning Tides:11th and 12th Centuries**	Prepare a short speech to explain the value of making strong alliances.	Worksheet-7 Write fact if it is true.	Lesson-4
November	**History-** **Ch-5 India, a Home to Many** **(part-2)** **Geography-** **Ch 2- India and her Neighbours** **Civics/Eco-** **Ch-7 Infrastructure**	Make a list of literary and Archaeological sources which you think help us give information about a dynasty or a kingdom. On the map of India, mark one neighbouring country in each direction. Also mention whether each country is connected to India by land or water.	Worksheet-9 Design a logo for Vasudhaiva Kutumbakam. Worksheet-13	Lesson- 7 Economics

	Engine of Indias Development			
December	History-Empires and Kingdoms:6th to 10th centuries **Civics/Eco** **ch-8-** **Banks and the magic of Finance**	Invent a simple company. Create: the company name, one product, one reason it needs money, One reason people might buy share.	Worksheet-15 and 16	Lesson-8 and 9 Part-2
	-	-		

Subject- Sanskrit

अप्रैल

• सरस्वती वंदना पाठ 1- सुभाषितानि पाठ 2- महर्षिः पाणिनिः

विषय संवर्द्धन क्रिया-कलाप- 1) मां सरस्वती का चित्र आकर्षक ढंग से प्रस्तुत करते हुए उनसे संबंधित त्योहारों के नाम लिखें।
2) संस्कृत में किन्हीं तीन नीति वाक्यों का संकलन करें।

मासिक परीक्षण- • वंदना अर्थ सहित • प्रश्न उत्तर

मई

पाठ 3- वार्तालापः पाठ 4- लङ्लकारः (प्रथमः पुरुषः)

व्याकरण- विलोम पदानि-

विषय संवर्द्धन क्रिया-कलाप- 1) लघुवाक्यों में परस्पर वार्तालाप करें। (सामूहिक गतिविधि)
2) प्रथम पुरुष के वाक्यों द्वारा प्रश्नोत्तर विधि से वार्तालाप लिखें।

मासिक परीक्षण- • एक पद में उत्तर • शब्दार्थ

जुलाई

पाठ 5- लङ्ग लकारः (मध्यमः पुरुषः) पाठ-6 लङ्लकारः (उत्तमः पुरुषः)

व्याकरण- पर्यायवाची शब्दा: (पृष्ठ 113) • वाक्य शुद्धि • वचन परिवर्तन • संधि-विच्छेद

विषय संवर्द्धन क्रिया-कलाप- 1) लङ्ग लकारः मध्यम पुरुष से संबंधित पांच वाक्य लिखिए।
2) लङ्ग लकारः उत्तम पुरुष से संबंधित पांच वाक्य लिखिए।

मासिक परीक्षण- • रिक्त स्थान • संधि-विच्छेद • पर्यायवाची शब्दा:

अगस्त

पाठ 8- गणतंत्र दिवसः पाठ 9- महताम् अपि महान्

व्याकरण- • शब्दरूप राम (पृष्ठ-118) धातुरूप- पठ् (लट् व लङ्ग लकार- पृष्ठ 122,123) • अव्यय पदानि (पृष्ठ 114,115) • पत्र लेखन- स्वविद्यालय-वार्षिकोत्सव वर्णनम्। (पृष्ठ109)

विषय संवर्द्धन क्रिया-कलाप- 1) भारत के मान-चित्र पर राष्ट्रीय प्रतीकों का चित्रांकन करें।
2) महाराजा रणजीत सिंह से सम्बन्धित कोई रोचक कथा लिखें।

मासिक परीक्षण- • एक पद में उत्तर • शब्दार्थ • मेल करें

सितम्बर

पाठ-10 निम्बतरोः साक्ष्यम्

व्याकरण- • विलोम पदानि (पृष्ठ 112) • पत्र लेखन- अनुजा प्रति वर्धापनं पत्र। (पृष्ठ 110)

विषय संवर्द्धन क्रिया-कलाप- 1) इंद्रधनुष का चित्र बनाते हुए उसके रंगों के नाम संस्कृत में लिखें।

मासिक परीक्षण- • एक पद में उत्तर • शब्दार्थ • विलोम पदानि

अक्टूबर

पाठ-12 लालन गीतम्
व्याकरण- पर्यायवाची शब्दा: (पृष्ठ 113)
विषय संवर्द्धन क्रिया-कलाप- प्रातः काल के दृश्य का वर्णन संबंधित चित्र द्वारा दर्शाएँ।
अर्द्धवार्षिक परीक्षा

नवम्बर

पाठ-13 पुनर्मूषको भव
व्याकरण- शब्द रूप रमा • धातु रूप पठ्- (लृट व लोट् लकार) • अव्यय पदानि (पृष्ठ- 114,115)
पत्र लेखन- विद्यालयात अवकाशार्थं प्राचार्यं प्रति पत्रं। (पृष्ठ 110) • पठित अनुच्छेद (प्रश्न उत्तर)
विषय संवर्द्धन क्रिया-कलाप- संस्कृत में किन्हीं तीन लोकोक्तियों का संग्रह कर उसे आकर्षक ढंग से प्रस्तुत करें।
मासिक परीक्षण- • शब्दार्थ • पूर्ण वाक्य में उत्तर • पत्र

दिसम्बर

पाठ-14 उपसर्गाः पाठ-15 स्वावलम्बनम्
व्याकरण- उपसर्ग- पहचान व शब्द निर्माण • विलोम पदानि (पृष्ठ- 112) • पत्र लेखन- शीत अवकाशे विद्यालयात भ्रमणार्थं पित्रा अनुमति प्राप्त्यर्थम् पत्रं (पृष्ठ 111)
विषय संवर्द्धन क्रिया-कलाप- 1) संस्कृत के उपसर्गों से किन्हीं पाँच शब्दों का निर्माण करें।
2) स्वावलंबन के किन्हीं पाँच लाभों को लिखें।
मासिक परीक्षण- • शब्दार्थ • पूर्ण वाक्य में उत्तर • एक पद में उत्तर

जनवरी- फरवरी

समस्त पाठकों का मौखिक व लिखित पुनर्भ्यास।

Subject- Computer

Month	Chapter
April	Ch-1 Number System Ch-3 Excel Formula and Functions
May	Ch-3 Excel Formula and Functions Ch-4 Advanced features of Excel 2019
July	Ch-4 Advanced features of Excel 2019 Ch-5 Data Type & Operators in Python
August	Ch-5 Data Type & Operators in Python Ch-6 Control Statement in Python
September	Ch-2 More on GIMP(Lab Session) Revision of Ch-1,3,4,5
October	Ch-10 NLP Ch-8 Introduction to HTML5

November	Ch-8 Introduction to HTML5 Ch-9 Cascading Style Sheet
December	Ch-7 Logical & Loop Block in Make Code (Lab session) Revision of Ch-6,8,9,10

Subject- General Knowledge

MONTH	CHAPTERS	MONTH	CHAPTERS
APRIL	**NATURE'S NEST** 4. Exotic fruits 5. Dog story 6. Aerial predators 7. Broad biomes 8. Insect insights 9. Wild threat-II 10. Eco- tourism	**SEPT**	**BOOK WORM** 5. Indian words 6. Literature trivia 7. Dozen drill 8. Word watch **WONDER WORLD** 9. Waterways 10. Natural wonders
MAY	**INDIA INFINITE** 2. Famous forts 3. India on wheels 4. Global Indians 5. Women power	**OCT**	6. World history 7. Grand palaces 8. United nations 9. End-to-end 10. Leading women
JULY	6. All for a cause 7. New India 8. Pilgrimage sites 9. Indian heritage-III **SUPER SCIENCE** 4. Super discoveries 5. Chemical calls	**NOV**	**SPORT LIGHT** 2. Tennis time 3. Water sports 4. Lesser known sports **EVERYDAY SKILLS** 4. My feeling **MIXED BAG** ❿ Musical chords ❿ Culinary delight ❿ World languages ❿ Oscar honour
AUGUST	6. Science wizards 7. Cyber trivia 8. Health check 9. Indian space missions	**DEC**	❿ Iconic movies ❿ Indian music maestros ❿ Art world **THINK TANK** □ In relation □ Turn it on □ In a word □ Best choice

Subject- Music

APRIL	1. वंदे मातरम [full song] 2.(तीनताल,दादरा कहरवा एक ताल तथा तबला का विवरण ताली खाली सम बिभाग आवर्तन की परिभाषा प्रकार THEORY & PRACTICAL
MAY	1. गणेश वंदना (गणपति वंदन)
JULY	1. देश गान (प्यारा है ये देश) 2. अलंकार
AUGUST	1.(देश गीत) जिओ तो देश के लिए 2. (भजन) श्रीराम जानकी

SEPTEMBER	1. थाट राग जाती वादी संवादी स्वरों के प्रकार और संगीत की परिभाषा (THEORY) Revision of all songs & music practical
OCTOBER	1. Music practical
NOVEMBER	1. राग भैरव, PRACTICAL THEORY, छोटा ख्याल, बाडा ख्याल 2. Silent night
DECEMBER	1.(भजन) मेरी आप के कृपा से , सप्तक और श्रुति 2. Revision of all above songs

Subject- Art and Craft

APRIL

- Trace and Colour
- Colouring- Flower
- Colouring- Fruit
- Colouring- Rabbit
- Drawing- Colouring (Vegetables)
- Drawing- Flower (Water Colour)

MAY

- Drawing- Butterfly
- Colouring- Picture
- Colouring- Picture Composition
- Drawing- Sunflower (Water Colour)
- Colouring- Caricature (Cartoon)
- Planters
- File Cover

JULY

- Colouring- Picture (Cartoon)
- Drawing- Dog Mandala
- Drawing- Sketch Art
- Drawing- 2 Point Perspective
- Connect the Dots- Tattoo
- Rakhi Making

AUGUST

- Drawing- Folk Design
- Drawing- Still Life
- Drawing- Doodling Art
- Drawing- Lining Art Landscape
- Colouring- Picture
- Kulhad Craft

SEPTEMBER

- Colouring- Highlighter
- Colouring- Animal
- Drawing- Typography
- Drawing- Still Life
- Paper Craft

OCTOBER

- Colouring- Optical Illusions
- Drawing- Madhubani Art
- Step by Step Drawing- Portrait
- Colouring- Cartoon Character
- Diwali Card

NOVEMBER

- Drawing- Blow Painting
- Drawing- Electric Vehicle
- Drawing- Reflection
- Drawing- Portrait
- Quilling
- Bangle Craft

DECEMBER

- Drawing- Motifs Art
- Drawing- Tessellation Art
- Drawing- Whale Flying
- Drawing- Geometric (Flat design)
- Drawing- Mosaic Art
- Cardboard Craft

Subject- Life Skills

S.N.	MONTH	CHAPTER	ACTIVITY / WORKSHEETS
1.	April	**Ch – 1 : Body Image** Topics – 11. Building Understanding 12. My learning 13. Body Image and its significance 14. Story – The mirror's secret **Ch – 2 : Handling Peer Pressure** Topics – 10. Building Understanding 11. Popularity and Peer Pressure	1. Mention – 11. What you love about your looks? 12. What you don't like about your looks? 13. What you love about yourself as a person? 14. What you don't like about yourself as a person?
2.	May	**Ch – 2 : Handling Peer Pressure** Topic – 12. Story – The urge to be liked	1. Mention one incident when you felt pressured by your friends to do something you were not comfortable with. 2. Write about a time when you confidently made your own choice without any influence.
3.	July	**Ch – 3 : Family: My Real Strength** Topics – 13. Building Understanding 14. My l,earning 15. The importance of family 16. Story – The unfinished puzzle	5. List all the members of your family and write down how they contribute to the healthy functioning of the family. 6. Mention one incident when your family members supported you in a difficult situation.
4.	August	**Ch – 4 : Communication Skills** Topics – 10. Building Understanding 11. My learning 12. Ensuring effective communication 13. Story – The bridge of words **Ch – 5 : Rebellious Behaviour** Topics – 14. Building Understanding 15. My learning 16. My way is the best way 17. Story – I want it my way	5. Miscommunication can cause many problems among people. In the dictionary, look up the word miscommunication and write any three of its synonyms. 6. Have you ever experienced an old friendship getting spoiled because of miscommunication? Describe it briefly. 7. ROLE-PLAY ACTIVITY – Class is to be divided in a group of two. In each group, one student will play the role of father/mother and the other will play the adolescent.
5.	Septembe r	**Ch – 6 : Gender Sensitisation** Topics – 18. Building Understanding 19. My learning 20. Why gender sensitisation? 21. Story – Malal's brave act	□ Who is your role model? Are they of the same gender as you? Do you think their gender plays a role in your preference? Fill the required details about your role model. □ Discuss how men and women are different from each other.

6.	October	**Ch – 7 : Impact of Parental Conflict** Topics – 22. Building Understanding 23. My learning 24. Impact of Parental Conflict	3. Discuss have you ever felt uncomfortable in your own home. 4. Recall a time when you managed your feelings despite your parents having a fight.
7.	Novembe r	**Ch – 7 : Impact of Parental Conflict** Topics – 11. Story – Looking for love **Ch – 8 : Internet Addiction** Topics – 25. Building Understanding 26. My learning 27. Internet Addiction 28. Story - Disconnected	Split the class into four groups. Each group is to work on one area affected by excessive internet use as follows – Group A – Mental and emotional health Group B – Physical Health Group C – Relationships and social life Group D – Academics and productivity
8.	Decembe r	**Ch – 9 : Cyberbullying** Topics – 29. Building Understanding 30. My learning 31. Forms of cyberbullying 32. Story – Words have power	NEVER HAVE I EVER – Raise your hands if you have done it, and stay still if you have not. Those who raise their hands can go on to share the story behind it.